

*More information (in Montreal)*

PROGRAM OF  
FACILITATED ACCESS  
TO RECREATION



People with disabilities *in action*

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FOR PEOPLE  
WITH DISABILITIES  
(COMPANION  
PROGRAM)



People with disabilities *in action*

## Who is the program for?

Even if the requests come from recreational organizations and municipalities, this program is dedicated to people with disabilities as here under defined.

“A person limited in the performance of normal activities who is suffering significantly and permanently, form a physical or mental deficiency, or who regularly uses a prosthesis or an orthopedic device or any other means of palliating his/her handicap” Act to secure the handicapped in the exercise of their rights (R.S.Q., c.E-20.1).

## Who can apply?

To be eligible for this program, the organization must be :

- A municipality, a band council or a northern village.
- A private, legally constituted non-profit organization with a recognized mission to provide recreational services.

- A legally constituted non-profit vacation camp with an operating license issued by Tourism Quebec.

## What recreational activities are accepted?

Recreational activities refer to :

- Relaxation, creative, personal development, training or proficiency training activities undertaken during a person's free time.

Excluding:

- Work-related, educational, religious, family, babysitting, adaptation or rehabilitation activities.

Therefore recreational activities include :

- Cultural, scientific, technological, socio-educational, community, tourist, outdoor, physical and sporting activities.

## OBJECTIVES

*The program's objectives are to facilitate access to recreational and sporting activities for people with a disability who need the services of a companion to take part in these activities.*

*Therefore, the Companion Program will provide financial assistance to recreational organizations and municipalities who want to hire companions to help people with disabilities take part in recreational and sporting activities.*

*This program is managed by the Ministère de l'Éducation, du Loisir et du Sport, in partnership, in Montreal, with URLS de Montréal and AlterGo.*

## How to apply?

If you are the parent of a child with a disability, you are a person with a disability, or someone within the field, and you are wondering how to proceed, here are the components.

### ORGANIZATION COMPONENT

You may apply for this program by :

1. Identifying the organization and the activities the person wishes to attend
2. Contacting this organization

#### ***If the organization does not know about the "companion program"***

First you provide the address and telephone number of AlterGo, in order for them to get the application form. Then you can proceed with the next steps.

#### ***If the organization knows about the "companion program"***

You will have to complete the application form together with the organization, specifying limitations and specific needs of the person with a disability.

The organization will forward the application for financial assistance to AlterGo (Regional Association of Recreation for Disabled Persons).

### IMPORTANT

The organization must send the completed form to AlterGo by **March 16, 2007**.

### OTHER ASPECTS

The eligible recreational activities must take place in the province of Quebec between June 1st of this year and May 31st of next year.

Applications for financial assistance will be assessed by the Regional Committee according to established criteria and the budget available.

Subject to funding approval by the CONSEIL DU TRÉSOR

### FOR FURTHER INFORMATION

You may obtain more details about this program by contacting AlterGo at (514) 933-2739, ext. 219.